

# P-RNA (PHYTO-RIBONUCLEIC ACID)

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## What is RNA?

RNA STANDS FOR RIBONUCLEIC ACID. THERE ARE THREE TYPES OF RNA, MESSENGER RNA, TRANSFER RNA AND RIBOSOMAL RNA. 1) *Messenger RNA* IS RESPONSIBLE FOR TAKING MESSAGES FROM YOUR DNA (*YOUR GENE STRUCTURE*) AND PROVIDING A TEMPLATE OR A SINGLE STRAND MIRROR IMAGE FOR YOUR AMINO ACIDS TO LINK UP WITH. THIS IS WHERE TRANSFER RNA COMES IN. 2) *Transfer RNA* SEEKS OUT AND BRINGS EACH INDIVIDUAL AMINO ACID TO THE CHAIN AND PARKS IT IN ITS PARTICULAR SLOT WHERE IT WILL DO THE MOST GOOD AND BE THE MOST BENEFICIAL. NOW ENTERS RRNA (*RIBOSOMAL RNA*). 3) *Ribosomal RNA* PROVIDES THE MACHINERY OR ENERGY NEEDED TO START THE PROTEIN SYNTHESIS PROCESS.

## Why do we need it?

RIBONUCLEIC ACID IS RESPONSIBLE FOR BUILDING PROTEIN SYNTHESIS IN THE BODY. AS WE AGE, THERE TENDS TO BE BREAKDOWNS AND SHORTAGES OF NUCLEIC ACIDS IN THE SYSTEM, LEADING TO RNA ERRORS AND LACK OF PROTEIN SYNTHESIS. THIS IS WHERE AGING COMES FROM.

## Why is it important?

TO UNDERSTAND RNA FUNCTION ONE MUST UNDERSTAND PROTEIN FUNCTION. A PROTEIN IS A GROUP OF MOLECULES COMPOSED OF ELEMENTS AND AMINO ACIDS. THESE ARE IN ALL LIVING CELLS AND MANY SUBSTANCES SUCH AS ENZYMES, HORMONES AND THE ANTIBODIES THAT ARE NECESSARY FOR THE PROPER FUNCTIONING OF ANY LIVING ORGANISM. THEY ARE ABSOLUTELY ESSENTIAL TO ALL ANIMAL DIETS AND TO THE GROWTH AND REPAIR OF TISSUE IN THE BODY. WITHOUT RNA, PROTEIN WOULD NOT BE PRODUCED OR SYNTHESIZED BY THE BODY. THIS IS WHY RNA IS SO VITALLY IMPORTANT.

RESEARCH DONE BY DR. BENJAMIN FRANK, AUTHOR OF "*NUCLEIC ACID NUTRITIONAL THERAPY*", DR MILTON FRIED AND HEM PHARMACEUTICALS SHOWS CLEARLY, THOSE WHO SUPPLEMENT WITH RNA ON A REGULAR BASIS SHOWED IMPROVEMENT IN THEIR MEMORY FUNCTION, INCREASED ENERGY LEVELS, BETTER TOLERANCE OF EXTREME TEMPERATURE CHANGES, ENHANCE IMMUNITY, BETTER VISION AND TIGHTER, RADIANT SKIN. THEY ALSO FOUND THAT THOSE WHO SUPPLEMENTED WITH RNA LOOKED 5-15 YEARS YOUNGER THAN THEIR ACTUAL AGE.

WE BELIEVE P-RNA WILL NOT ONLY HELP ONE TO LOOK AND FEEL YOUNGER, BUT THAT IT WILL AID IN RIDDING THE BODY OF TOXINS, REPAIR GENETIC SEQUENCES AND ALTERATIONS, DESENSITIZE THE BLOOD TO ALLERGIES AND PROMOTE GENERAL YOUTH AND VITALITY. P-RNA IS JUST SUCH A PRODUCT.